

# Health inequalities impact assessment: Workbook for workshop participants



## Introduction

Carrying out a Health Inequalities Impact Assessment (HIIA) will help you to consider the impact of your policy\* on people. Using this workbook, alongside the [HIIA: Answers to frequently asked questions](#) guide, will help you to work through the process and strengthen your policy's contribution towards health equity.

The workshop is a core element of the HIIA and, together with a group of key stakeholders, you will work through six questions to identify any impacts your policy will have on: different population groups; health inequalities; and people's human rights. Policies do not impact on people in the same way – impact assessment is a way to consider how people will be affected differently. It will also help you to meet the requirements of the Public Sector Equality Duty by considering those groups who are protected under the Duty (information about the Duty is available at [www.scotland.gov.uk/Topics/People/Equality/PublicEqualityDuties](http://www.scotland.gov.uk/Topics/People/Equality/PublicEqualityDuties)). During the workshop, the facilitator or lead for the impact assessment will take you through the process and outline the next steps.

The six questions in the workshop are:

- 1 Who will be affected by this policy?
- 2 How will the policy impact on people?
- 3 How will the policy impact on the causes of health inequalities?
- 4 How will the policy impact on people's human rights?
- 5 Will there be any cumulative impacts as a result of the relationship between this policy and others?
- 6 What sources of evidence have informed your impact assessment?

\* The word 'policy' represents any option, procedure, practice, strategy or proposal being assessed.

You should identify impacts as positive or negative, remembering that some policies may have no impacts for a population group.

**Positive impact:** would demonstrate the benefit the policy could have for a population group: how it advances equality, fosters good relations, contributes to tackling health inequalities or upholds human rights.

**Negative impact:** would mean that a population group is at risk of being disadvantaged by the policy, there is a risk of breaching the human rights of people or the requirements of the Equality Duty, or that there is a risk of widening health inequalities.

**No impact:** If you find that the policy will have no impacts for some groups, you do not need to record this information.

Further information on Health Inequalities is available from NHS Health Scotland Website

<http://www.healthscotland.scot/health-inequalities>

## Question 1: Who will be affected by this policy/programme?

**Example:** Keep this brief, such as 'Children aged 5–12 years'.

There is no need to explore subgroups yet, just provide an indication of how well-defined the target group is at this stage.

Borders population, registered with a GP Practice
---

## Question 2: How will the policy/programme impact on people?

When thinking about how the policy/programme might impact on people, think about it in terms of the right for **everyone** to achieve the highest possible standard of health. The [Right to Health](#) includes both the right to healthcare and the right to a range of factors that can help us lead a healthy life (the determinants of health). Equality and non-discrimination are fundamental to this right.

The Right to Health has four related concepts: goods, facilities and services should be available, accessible, acceptable and of good quality.

When thinking about how the policy/programme might impact on people, their human rights and the factors that help people to lead healthy lives, consider and discuss:

- Is the policy/programme **available** to different population groups?
- Is the policy/programme **accessible**, (e.g. in terms of physical access, communication needs, transport needs, health literacy, childcare needs, knowledge and confidence)?
- Is the policy/programme **acceptable** to different population groups (e.g. is it sensitive to age, culture and sex)?
- Is the policy/programme of good **quality**, enabling it to have its desired effects and support the above?

Apply these questions to each population group in the following table. Try to identify any factors which can contribute to poorer experiences of health and any potential positive or negative impacts of the policy. Think about people, not characteristics, such as how the policy/programme impact on the right to health of a disabled older man with low literacy who lives in a deprived area.

Population groups and factors contributing to poorer health	Potential Impacts and explanation why	Recommendations to reduce or enhance such impacts
<p><b>Age:</b> older people; middle years; early years; children and young people.</p>	<p>Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.</p>	<p>Receptionists within each practice will undergo specific training as 'care navigators'  Appointment with a GP is still available  A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public &amp; Carers when necessary</p>
<p><b>Disability:</b> physical impairments; learning disability; sensory impairment; mental health conditions; long-term medical conditions.</p>	<p>Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.</p>	<p>Receptionists within each practice will undergo specific training as 'care navigators'  Appointment with a GP is still available  A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public &amp; Carers when necessary</p>
<p><b>Gender Reassignment:</b> people undergoing gender reassignment</p>	<p>Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.</p>	<p>Receptionists within each practice will undergo specific training as 'care navigators'  Appointment with a GP is still available  A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public &amp; Carers when necessary</p>
<p><b>Marriage &amp; Civil Partnership:</b> people who are married, unmarried or in a civil partnership.</p>	<p>Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.</p>	<p>Receptionists within each practice will undergo specific training as 'care navigators'  Appointment with a GP is still available  A robust communication plan will be in place to ensure engagement /</p>

		involvement with Patients/Families, Public & Carers when necessary
<b>Pregnancy and Maternity:</b> women before and after childbirth; breastfeeding.	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public & Carers when necessary
<b>Race and ethnicity:</b> minority ethnic people; non-English speakers; gypsies/travellers; migrant workers.	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public & Carers when necessary
<b>Religion and belief:</b> people with different religions or beliefs, or none.	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public & Carers when necessary
<b>Sex:</b> men; women; experience of gender-based violence.	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement /

		involvement with Patients/Families, Public & Carers when necessary
<b>Sexual orientation:</b> lesbian; gay; bisexual; heterosexual.	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public & Carers when necessary
<b>Looked after (incl. accommodated) children and young people</b>	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public & Carers when necessary
<b>Carers:</b> paid/unpaid, family members.	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public & Carers when necessary
<b>Homelessness:</b> people on the street; staying temporarily with friends/family; in hostels, B&Bs.	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement /

		involvement with Patients/Families, Public & Carers when necessary
<b>Involvement in the criminal justice system:</b> offenders in prison/on probation, ex-offenders.	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public & Carers when necessary
<b>Addictions and substance misuse</b>	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public & Carers when necessary
<b>Staff:</b> full/part time; voluntary; delivering/accessing services.	Certain staff currently employed by the GP Practice may change to NHSB, for certain hours of their contract, for example Nurses who work within the treatment room. There are currently no planned changes for any other member of the Primary Care Teams, Volunteers or those delivering/accessing services.	A workplace oversight group will be in place that includes HR, Partnership / Unions, Practice Manager, GP, Workforce rep.
<b>Low income</b>	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within GP practices across Borders will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement /

		involvement with Patients/Families, Public & Carers when necessary
<b>Low literacy / Health Literacy</b> includes poor understanding of health and health services (health literacy) as well as poor written language skills.	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public & Carers when necessary
<b>Living in deprived areas</b>	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public & Carers when necessary
<b>Living in remote, rural and island locations</b>	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public & Carers when necessary
<b>Discrimination/stigma</b>	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement /

		involvement with Patients/Families, Public & Carers when necessary
<b>Refugees and asylum seekers</b>	Service changes within the programme will have minimal impact on Borders population; services will still be delivered within the GP Practice, at the local Health Centre. However the appointment may be with another highly qualified health care professional.	Receptionists within each practice will undergo specific training as 'care navigators' Appointment with a GP is still available A robust communication plan will be in place to ensure engagement / involvement with Patients/Families, Public & Carers when necessary
<b>Any other groups and risk factors relevant to this policy/programme</b>	N/A	N/A

To comply with the general equality duty of the Equality Act 2010 when conducting impact assessment, you must demonstrate 'due regard' for the need to:

- eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under the Act;
- advance equality of opportunity between people who share a relevant protected characteristic and those who do not share it;
- foster good relations between people who share a relevant protected characteristic and those who do not share it.

This means that you must identify, record and eliminate (through appropriate policy changes) any impacts that could amount to unlawful discrimination under the act. Wherever possible you should also try to identify, record and enhance any impacts that enable the policy to advance equality of opportunity or foster good relations.

### Question 3: How will the policy/programme impact on the causes of health inequalities?

The wider environmental and social conditions in which we are born, grow, live, work and age are shaped by the distribution of power, money and resources. These conditions can lead to health inequalities. While considering how your policy will impact on people and their right to health, it is also important to think about how it may impact on the causes of health inequalities (see the table below). Further information on the causes of health inequalities can be found in [NHS Health Scotland's Health Inequalities Policy Review](#).

Not all policies/programmes will be able to act or impact on these causes, but it will be useful to reflect on whether yours will. Think about any opportunity this policy/programme might offer to reduce inequalities and also try to identify any ways in which it might inadvertently increase inequalities (you may find the prompts in Appendix 1 helpful).

You may have discussed some of these issues when considering question 2.

Will the policy impact on?	Potential impacts and any particular groups affected	Recommendations to reduce or enhance such impacts
<p><b>Income, employment and work</b></p> <ul style="list-style-type: none"> <li>• Availability and accessibility of work, paid/unpaid employment, wage levels, job security.</li> <li>• Tax and benefits structures.</li> <li>• Cost/price controls: housing, fuel, energy, food, clothes, alcohol, tobacco.</li> <li>• Working conditions.</li> </ul>	<p>N/A</p>	
<p><b>The physical environment and local opportunities</b></p> <ul style="list-style-type: none"> <li>• Availability and accessibility of housing, transport, healthy food, leisure activities, green spaces.</li> <li>• Air quality and housing/living conditions, exposure to pollutants.</li> <li>• Safety of neighbourhoods, exposure to crime.</li> <li>• Transmission of infection.</li> </ul>	<p>N/A</p>	

<ul style="list-style-type: none"> <li>• Tobacco, alcohol and substance use.</li> </ul>		
<p><b>Education and learning</b></p> <ul style="list-style-type: none"> <li>• Availability and accessibility to quality education, affordability of further education.</li> <li>• Early years development, readiness for school, literacy and numeracy levels, qualifications.</li> </ul>	N/A	
<p><b>Access to services</b></p> <ul style="list-style-type: none"> <li>• Availability of health and social care services, transport, housing, education, cultural and leisure services.</li> <li>• Ability to afford, access and navigate these services.</li> <li>• Quality of services provided and received.</li> </ul>	N/A	
<p><b>Social, cultural and interpersonal</b></p> <ul style="list-style-type: none"> <li>• Social status.</li> <li>• Social norms and attitudes.</li> <li>• Tackling discrimination.</li> <li>• Community environment.</li> <li>• Fostering good relations.</li> <li>• Democratic engagement and representation.</li> <li>• Resilience and coping mechanisms.</li> </ul>	N/A	

## Question 4: How will the policy/programme impact on people's human rights?

Human rights are the basic rights and freedoms which everyone is entitled to in order to live with dignity. They can be classified as **absolute**, **limited** or **qualified**. Absolute rights must not be restricted in any way. Other rights can be limited or restricted in certain circumstances where there is a need to take into account the rights of other individuals or wider society.

Not all policies/programmes will be able to demonstrate an impact against human rights but it will be useful to consider if yours will. Think about the potential impacts you have identified and consider whether these could help fulfil or breach legal obligations under the Human Rights Act. Can you think of any actions that might promote positive impacts or mitigate negative impacts? The following table includes rights that may be particularly relevant to health and social care policies/programmes.

Articles	Potential areas for consideration	Potential impacts and any particular groups affected	Recommendations to reduce or enhance such impacts
<b>The right to life</b> (absolute right)	<ul style="list-style-type: none"> <li>• Access to basic necessities such as adequate nutrition, clean and safe drinking water.</li> <li>• Suicide.</li> <li>• Risk to life of/from others.</li> <li>• Duties to protect life from risks by self/others.</li> <li>• End of life questions.</li> <li>• Duties of prevention, protection and remedy, including investigation of unexpected death.</li> </ul>	N/A	
<b>The right not to be tortured or treated in an inhuman or degrading way</b> (absolute right)	<ul style="list-style-type: none"> <li>• Should not cause: fear; humiliation; intense physical or mental suffering; or anguish.</li> <li>• Prevention of ill-treatment, protection and rehabilitation of survivors of ill-treatment.</li> </ul>	N/A	

	<ul style="list-style-type: none"> <li>• Duties of prevention, protection and remedy, including investigation of reasonably substantiated allegations of serious ill-treatment.</li> <li>• Dignified living conditions.</li> </ul>		
<b>The right to liberty</b> (limited right)	<ul style="list-style-type: none"> <li>• Right not to be deprived of liberty in an arbitrary fashion.</li> <li>• Detention under mental health law.</li> <li>• Review of continued justification of detention.</li> <li>• Informing reasons for detention.</li> </ul>	N/A	
<b>The right to a fair trial</b> (limited right)	<ul style="list-style-type: none"> <li>• When a person's civil rights, obligations or a criminal charge against a person comes to be decided upon.</li> <li>• Staff disciplinary proceedings.</li> <li>• Malpractice.</li> <li>• Right to be heard.</li> <li>• Procedural fairness.</li> <li>• Effective participation in proceedings that determine rights such as employment, damages/compensation.</li> </ul>	N/A	
<b>The right to respect for private and family life, home and correspondence</b>	<ul style="list-style-type: none"> <li>• Family life, including outwith blood and formalised relationships.</li> <li>• Privacy.</li> <li>• Personal choices, relationships.</li> <li>• Physical and moral integrity (e.g. freedom from non-consensual</li> </ul>	N/A	

(qualified right)	<p>treatment, harassment or abuse).</p> <ul style="list-style-type: none"> <li>• Participation in community life.</li> <li>• Participation in decision-making.</li> <li>• Access to personal information.</li> <li>• Respect for someone's home.</li> <li>• Clean and healthy environment.</li> <li>• Legal capacity in decision-making.</li> <li>• Accessible information and communication e.g. phone calls, letters, faxes, emails.</li> </ul>		
<b>The right to freedom of thought, belief and religion</b> (qualified right)	<ul style="list-style-type: none"> <li>• Conduct central to beliefs (such as worship, appropriate diet, dress).</li> </ul>	N/A	
<b>The right to freedom of expression</b> (qualified right)	<ul style="list-style-type: none"> <li>• To hold opinions.</li> <li>• To express opinions, receive/impart information and ideas without interference by a public authority.</li> </ul>	N/A	
<b>The right not to be discriminated against</b>	<ul style="list-style-type: none"> <li>• All of the rights and freedoms contained in the Human Rights Act must be protected and applied without discrimination.</li> <li>• Discrimination takes place when someone is treated in a different way compared with someone else in a similar situation.</li> <li>• Indirect discrimination happens when someone is treated in the</li> </ul>	N/A	

	<p>same way as others that does not take into account that person's different situation.</p> <ul style="list-style-type: none"> <li>An action or decision will only be considered discriminatory if the distinction in treatment cannot be reasonably and objectively justified.</li> </ul>		
<p><b>Any other rights relevant to this policy e.g.</b></p>	<ul style="list-style-type: none"> <li>Convention on the Rights of the Child</li> <li>Convention on the Elimination of All Forms of Discrimination against Women</li> <li>Convention on the Rights of Persons with Disabilities</li> </ul>	N/A	

**Question 5: Will there be any cumulative impacts as a result of the relationship between this policy/programme and others?**

Consider the potential for a build-up of negative impacts on population groups as a result of this policy/programme being combined with other policies/programmes, e.g. relocation of services at the same time as changes to public transport networks.

<p>PMO / Transformational change programme</p> <p>PASC programme</p> <p>P&amp;Cs</p>
--

## Question 6: What sources of evidence have informed your impact assessment?

Formal sources of evidence to consider include population data and statistics, consultation findings and other research. However, your professional or personal experience and knowledge of individuals and communities (and the potential impact of a policy on them) is equally as valuable. Further information can be found in the planning a workshop section. <http://www.healthscotland.scot/publications/planning-resources-hiia-scoping-workshop>

What evidence have you used to support your impact assessment thinking? Have you identified any areas where more evidence is needed or where there are gaps in your current knowledge to inform the assessment?

Evidence type	Evidence available	Gaps in evidence
<b>Population data</b> e.g. demographic profile, service uptake.	Practice list data VTP: uptake data FCP: activity data ANP: activity data Demographic data – SBC	
<b>Consultation and involvement findings</b> e.g. any engagement with service users, local community, particular groups.	GP Executive Committee Engagement with key care providers: ANPs, FCPs, P&Cs management team Work-stream steering groups	Service users, Families, Carers CLW
<b>Research</b> e.g. good practice guidelines, service evaluations, literature reviews.	Clinical / Professional guidelines PCIP 2019 The 2018 GMS contract in Scotland, BMA Primary Care ihub network Realistic Medicine Public Protection guidance & Legislation	
<b>Participant knowledge</b> e.g. experiences of working with different population groups, experiences of different policies/projects/programmes.	Professional knowledge & experience of various healthcare professionals	

--	--	--

DRAFT

## Summary of discussion

The facilitator or lead for the impact assessment will bring the workshop to a close and will recap on how your group has:

- identified what the potential impacts of the policy are on people and their right to health
- identified what potential impacts the policy may have on the causes of health inequalities
- identified what potential impacts the policy may have on people's human rights as set out in the Human Rights Act.
- considered how the policy impacts on the specific requirements in the Public Sector Equality Duty
- identified any actions to tackle these impacts, promote equality and the right to health
- identified any potential effects as a result of the relationship between this policy and others
- identified evidence sources to draw on and where there are gaps in your evidence.

## Next steps

A report of this discussion will be written to identify the next steps. You will be asked to comment on this report to ensure that it provides an accurate record of this workshop. Next steps will be coordinated by the project lead and may involve prioritising the impacts, identifying and gathering further sources of evidence (including any consultation) in order to make recommendations from the impact assessment, followed by undertaking and monitoring any actions identified.

Thank you for participating in this workshop.

## Appendix 1: Messages from the Health Inequalities Policy Review

Structural		Behavioural
Fundamental causes	Wider environmental influences	Individual experiences
<p>Global economic forces</p> <p>Macro socio-political environment</p> <p>Political priorities and decisions</p> <p>Societal values to equity and fairness</p> <p>Unequal distribution of power, money and resources</p> <p>Poverty, marginalisation and discrimination</p>	<p><b>Economic and work</b></p> <ul style="list-style-type: none"> <li>• Availability of jobs.</li> <li>• Price of basic commodities (e.g. rent, fuel).</li> </ul>	<p><b>Economic and work</b></p> <ul style="list-style-type: none"> <li>• Employment status.</li> <li>• Working conditions.</li> <li>• Job security and control.</li> <li>• Family or individual income.</li> <li>• Wealth.</li> <li>• Receipt of financial and other benefits.</li> </ul>
	<p><b>Physical</b></p> <ul style="list-style-type: none"> <li>• Air and housing quality.</li> <li>• Safety of neighbourhoods.</li> <li>• Availability of affordable transport.</li> <li>• Availability of affordable food.</li> <li>• Availability of affordable leisure opportunities.</li> </ul>	<p><b>Physical</b></p> <ul style="list-style-type: none"> <li>• Neighbourhood conditions.</li> <li>• Housing tenure and conditions.</li> <li>• Exposure to pollutants, noise, damp or mould.</li> <li>• Access to transport, fuel poverty.</li> <li>• Diet.</li> <li>• Exercise and physical activity.</li> <li>• Tobacco, alcohol and substance use.</li> </ul>
	<p><b>Learning</b></p> <ul style="list-style-type: none"> <li>• Availability and quality of schools.</li> <li>• Availability and affordability of further education and lifelong learning.</li> </ul>	<p><b>Learning</b></p> <ul style="list-style-type: none"> <li>• Early cognitive development.</li> <li>• Readiness for school.</li> <li>• Literacy and numeracy.</li> <li>• Qualifications.</li> </ul>
	<p><b>Services</b></p> <ul style="list-style-type: none"> <li>• Accessibility, availability and quality of public, third sector and private services; activity of commercial sector.</li> </ul>	<p><b>Services</b></p> <ul style="list-style-type: none"> <li>• Quality of service received.</li> <li>• Ability to access and navigate.</li> <li>• Affordability.</li> </ul>

	<b>Social and cultural</b> <ul style="list-style-type: none"> <li>• Community social capital, community engagement.</li> <li>• Social norms and attitudes.</li> <li>• Democratisation.</li> <li>• Democratic engagement and representation.</li> </ul>	<b>Social and cultural</b> <ul style="list-style-type: none"> <li>• Connectedness, support and community involvement.</li> <li>• Resilience and coping mechanisms.</li> <li>• Exposure to crime and violence.</li> </ul>
--	--	--

**Key components of a health inequalities strategy**

<b>Fundamental causes</b>	<b>Wider environmental influences</b>	<b>Individual experiences</b>
<ul style="list-style-type: none"> <li>• Policies that redistribute power, money and resources</li> <li>• Social equity and social justice prioritised</li> </ul>	<ul style="list-style-type: none"> <li>• Legislation, regulation, standards and fiscal policy.</li> <li>• Structural changes to the physical environment.</li> <li>• Reducing price barriers.</li> <li>• Ensuring good work is available for all.</li> <li>• Equitable provision of high quality and accessible education and public services.</li> </ul>	<ul style="list-style-type: none"> <li>• Equitable experience of socio-economic and wider environmental influences.</li> <li>• Equitable experience of public services.</li> <li>• Targeting high risk individuals.</li> <li>• Intensive tailored individual support.</li> <li>• Focus on young children and the early years.</li> </ul>

**Examples of effective interventions**

<b>Fundamental causes</b>	<b>Wider environmental influences</b>	<b>Individual experiences</b>
<ul style="list-style-type: none"> <li>• Minimum income for health (healthy living wage)</li> <li>• Progressive taxation (individual and corporate).</li> <li>• Active labour market policies</li> </ul>	<ul style="list-style-type: none"> <li>• Housing: Extend Scottish Housing Quality Standard; Neighbourhood Quality Standard.</li> <li>• Air/water: Air pollution controls; water fluoridation.</li> <li>• Food/alcohol: restrict advertising; regulate retail outlets; regulate trans-fats and salt content.</li> <li>• Transport: drink-driving regulations, lower speed limits, area-wide traffic calming schemes.</li> <li>• Price controls: Raise price of harmful commodities through taxation; reduce price barrier for healthy products and essential services.</li> </ul>	<ul style="list-style-type: none"> <li>• Training – culturally/inequalities sensitive practice.</li> <li>• Linked public services for vulnerable/high risk individuals.</li> <li>• Specialist outreach and targeted services.</li> </ul>

**Interventions requiring people to opt-in are less likely to reduce health inequalities. Consider the balance of actions at structural and individual levels.**